The **Alpes-Mercantour** offers wide variety of sites and landscapes with altitudes of over 3000 metres. High mountain areas are the favourite areas for international modern resorts (skiing, snowboarding, snowscooter, snowpark).

The middle mountain area is good for activities based on discovery and relaxation, snowshoeing, Nordic skiing, dog-sledding.

All the snow-related activities can be done without restriction in an exceptionally unspoiled environment in the 9 Alpine and Nordic ski resorts.

More information on

www.alpes-mercantour.com www.alpes-haute-provence.com

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With its 20 valleys and 180 km of mountain trails, the **province of Cuneo** is an unspoiled, unpolluted natural environment.

In a varied surroundings, accessible to individuals and families, it is ideal for keen winter sports enthusiasts.

Its « cutting-edge » infrastructures enable the Alpine skiing, snowboarding, cross-country skiing or snowshoeing slowly but surely through the snow. The braver of you will try their hand at climbing ice waterfalls, temporary natural winter climbing facilities. The 20 resorts of the province, spread along the Alpine region, are filled with unforgettable sports sensations, heightened by the hospitality and the authenticity inherent to the « Provincia Granda ».

Emplacement Vidéo 4ème film 3/4 minutes Valorisation des activités neige et plus particulièrement du ski.